1988-09

Connections: September 1988

https://hdl.handle.net/2144/22993

Boston University
UH's PC Fair attracts 150 in two hours

More than 150 Boston University Medical Center personnel, including many University Hospital staff and employees, attended a Personal Computer (PC) User Fair within a two-hour period on July 29 in the Atrium Pavilion Conference Center.

The fair, which was a one-year anniversary celebration of the PC User Group, featured numerous vendor andBUMC personnel demonstrations. The group held its first meeting in July 1987. Its goal is to advance knowledge and exchange information about the applications of personal computers and personal computer software.

University Hospital staff and employees who presented exhibits that day included: Mark Whitney and Thornton Shepherd, Nursing Administration, "Using Harvard Graphics continued on page 2.

COOL RELIEF—University Hospital and Boston University Medical Center employees feasted on ice cream sundaes under blue skies and unusual pleasant temperatures during a Make-Your-Own-Sundae Day on August 17. (More photos, page 6.)

Evans lobby closing as entry on Sept. 17

The final step in making the Atrium Pavilion the Hospital's true "main entrance" will take place on Saturday, Sept. 17, when the Evans Building entrance is officially closed.

The Evans served as a key "gateway" to UH since the building's opening in 1972. The closing of the Evans lobby entrance has been planned since the Atrium project was on the architect's drawing board. It achieves two goals: providing a single foot traffic pattern from the Atrium Pavilion throughout the Hospital and permitting improved security by cutting down the number of entrances to UH.

The Evans entrance was always considered a "temporary" main entrance. Hospital and Medical Center planning dating from the 1960s envisioned the permanent main entrance in a new patient-care facility across East Newton Street—today's Atrium Pavilion.

A number of actions aimed at improving UH security and information operations will be initiated at the time of the Evans lobby closing:

• A new security/information post will be established at the second-floor connection of the Doctors Building and the Atrium Pavilion. The position, which will be manned from 5:30 a.m. to 12:30 a.m., seven days a week, will be situated in the east elevator lobby of the continued on page 2.

Hospital's 1988 Employee Giving Campaign to be launched Oct. 1

The 1988 Employee Giving Campaign will kick off on October 1 and will run throughout the month. This annual campaign provides employees with the opportunity to support the United Way of Massachusetts and the U-Help Fund, a fund that assists patients in need. Contributions may be made through a direct gift or payroll deduction.

continued on page 2
Administration begins process of verifying FY 88-89 budget

**PC continued from page 1**

Software for a Graphics Show and "How to Connect Two PCs Using HUBS," and a follow-up meeting at 11:30 a.m. Dr. Philip Alling, Allied Health, will present on "HIV: The Issues." For more information contact Kathy MacArthur, spe­

**DINING OUT**

Dining Out: a column that features restaurants in the South End.

The St. Cloud Restaurant
Location: 557 Tremont Street
Price: On the expensive side: $8 to $13 for lunch entrees

Lunch hours: 11:30 a.m. to 3 p.m.
Credit Cards: Visa, Mastercard, American Express
Diner's Club Gold Card

The St. Cloud is a restaurant with good food and an atmosphere that you would expect given its neighborhood. Located on Tremont Street, the St. Cloud is adjacent to the Boston Center for the Arts, not far from Copley Square. I recommend the St. Cloud for a special occasion or holiday celebration.

- St. Cloud's lunch menu is selective, on the gourmet cutting edge. Dish presentations are interesting and attractive. If your taste is more on the meat-and-potato side, the St. Cloud may not be for you.
- St. Cloud offers a variety of appetizers ranging from $3.50 for the soup of the day to $8 for Maine crab cakes. Salads and light-fare items include a house salad with walnut dressing, or Roquefort cheese and balsamic vinegar for $4.50, to Caesar salad, $6, to marinated scallops for $12. Salad specials are served daily.
- The St. Cloud's sandwiches are all priced at $6.50, including the sandwich of the day. A tasty chicken and apple salad sandwich, which my com­
    -朋 partner is served, with a fresh tomato and arugula salad and home­ made potato chips. Other sandwiches on the menu are a St. Cloud Burger and an open-faced grilled tuna that are served with mildly spiced vegetable salad and panetta with the burger and onion and capicola with the tuna.
- Lunch entrée selections, which are priced between $8 to $13, range from a sautéed trout dinner, $13, to stuffed portobellar mushrooms, to ricotta and par­
    -朋 cheese lasagnas and wild mushroom sauce, to a petite sir­
    -朋 loin steak with zinfandel butter and onion rings. A fish and pasta of the day are served priced daily. My selection, the petit filet, tasted as wonder­ ful as it looked.
- A five-minute bus ride from UH will take you to the St. Cloud. The number 10 [Copley Square] bus leaves from in front of the Atrium Pavilion and will drop you at the corner of Tremont and Dartmouth Streets. From there you walk down Tremont for about two minutes and the St. Cloud is on the corner of Clarendon Street. If you enjoy a brisk walk, follow East Newton to Washington to West Dedham, which runs into Dartmouth Street. This option takes about 10 minutes.

- Cyntiah Paradis

**Hospital needs to take 'aggressive' role in managed care**

Because of the varied forces at work in health-care economics today, increased referrals and admissions are vitally needed, at UH as well as at any other hospital.

**Evans continued from page 1**

Health Services Building and will greet employees, staff, patients and visitors entering via the DOR garage. Employees and staff identifications will be checked at this point, and those personnel without identification will be issued temporary cards. Visitors to the Hospital will be issued passes by means of a computerized pass system.

- The Atrium Pavilion second­ level post, located at the top of the escalator, will be relocated to the hospital entrance level post, located at the top of the escalator, will be relocated to the hospital entrance level.

- Employees and visitors will be required to follow the same identification procedures outlined above.

- The Atrium Pavilion second­ level post will be manned from 6 a.m. to 8:30 p.m., seven days a week.

- Electronic control of the N4 bridge will be implemented and will monitor individuals via a surveillance system.

**Employee Giving continued from page 1**

This year a preliminary goal of $750,000 above what was raised last year has been set.

- Last year's campaign netted $73,000 for the UH Help Fund and $28,000 for the U-Help Fund.

- Prizes will be awarded again this year for those who make major contributions. Prizes include a week's trip for two to Jamaica, two nights in Stowe, Vt., and a weekend for two in Block Island, as well as many others.

- Volunteer solicitors are needed. If you are interested, contact Karley MacArthur, special events coordinator, 8989. [CONTINUES ON PAGE 3]
Emergency room physicians set their sights on the future

Stephen Chernow

In the last eight months, the emergency room (ER) has added two full-time attending physicians to its staff, both of whom hope to improve emergency patient-care services offered at the University Hospital. The ER’s newest staff member is Henry Maltz, M.D., who came to the University Hospital two months ago from another Boston teaching hospital. Maltz has joined Stephen Chernow, M.D., ER director, in providing emergency medical services to patients and teaching in the emergency room as well as providing emergency medicine on-call service to residents who receive training in the emergency room. Both physicians combine individualized specialties in internal and emergency medicine as well as critical care.

Henry Maltz

Renovation to begin this month

With only eight beds, the ER staff currently has little space to accommodate the 38,000 patients it treats in an average year. A half-million dollar renovation project is expected to help the situation and will increase the number of beds to 14. The project is expected to begin this month.

Fremont Eye Institute

The renovated ER will be located in the same building (311), at the opposite end of the hall, where Occupational Health Services is currently located. Chernow and Maltz share a mutual enthusiasm about the project since it will provide more flexibility within the unit and relieve stress on both the house staff and patients. “Our main thrust now is to allow patients to deliver a high level of care to patient care given the constraints we are under,” Chernow said.

Henry Maltz

Have what it takes

“Between Henry and I, we have the credentials, the experience and the interest to further the academic and practical sense of emergency medicine here,” said Chernow. Chernow said he hopes for a great deal of interaction between himself and Maltz, and the house staff and patients now that there are two full-time attending physicians on staff. The ER director, who received his training in Irvine, Calif., and Tucson, Ariz., said he would like to offer an array of instructional classes to medical students, such as the one he is currently teaching on advanced cardiac life support.

We all screamed for ice cream

University Hospital and Boston University Medical Center employees beat the heat with a special Make-Your-Ow Ice Cream Social on August 17. Co-sponsored by both institutions, the day featured balloons, face painting and the sweet sounds of a steel band.

The University Hospital

September 1988

Getting more for your money

The following is a selection of discounts offered to UH employees through the Human Resources Department. To obtain the tickets, passes, coupons or other discount specials listed, or for further information drop by Talley 1 or call Diane Sprague, x550.

City Books: Winter, spring, summer and fall issues are sold throughout the year for $1 each. The City Book contains coupons to Boston restaurants, nightclubs and health spas, along with many other recreational events and specialized services.

Movie Tickets: General Cinema and Showcase Theatre tickets are available for $3 and $3.50 each respectively, a savings of $2 and $2.50. Tickets are available at the Cashier’s office, Atrium Pavilion, second floor.

Schroeder’s Club: Bon Appetit: The club offers a 2-for-1 dinner entree plan that places no restrictions on the number of people in your dining group or the number of times you frequent the restaurant. The restaurant is located at 8 High Street, Boston. Dinner hours are Tuesday through Friday, 3 to 9:30 p.m. and Saturday, 5 to 10 p.m. Free membership cards available.

Martha’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20percent discount coupons for employees as well as their family members is a 15-percent discount on all ferry services.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.

Marvin’s Vineyard/Nantucket Ferry: Round-trip passenger fare, 20-percent discount coupons for employees as well as their families are available and valid through October 14. Children under age five travel free.
University Hospital employees can earn up to $500 for getting someone they know hired by UH. "Cashablanca II: Cash in on an improved employee-referral program" is a Human Resources employee-referral program that offers rewards to current full-time employees who successfully refer people for Hospital jobs. The three-year program has been the "most valuable source of hire" at the University Hospital since its implementation, according to UH Vice President of Human Resources Susan Hancoc. Cashablanca has helped to close the gap of available positions from 200 positions last year, to 80 this year.

Benefits of program
As effective as it has been, UH Employment Manager Tina Lawson has been breathing new life into the program. Beginning next month, Cashablanca will feature raffles and a grand prize drawing, equal to $400, three times a year. In addition, every six months, there will be a $500 drawing for employees who have been hired through the program.

If you are interested in the program, complete a Cashablanca postcard referral form and send it to either Human Resources Department or the candidate whom you have referred your list name on a job application. When you have filled out a postcard, return it to Human Resources. If your referral is hired, you will receive a written acknowledgment from Human Resources.

In order for you to receive the $500 cash bonus, the new employee must remain on the Hospital's active payroll for 120 days. In addition to receiving the bonus, you will be eligible for the grand prize drawings. The more times you make qualified referrals, the more times your name will be entered into drawings.

With the help of its current employee, the University Hospital has hired a tremendous number of excellent people. We at Human Resources want to continue this successful partnership. We value the people that are referred to us, Lawson said.

 hoy when to loosen the apron strings
By Peggy Kocubes

With today's high cost of living, it's almost a necessity for both parents to work. In the age of the working father and mother, as well as the single parent, a new breed of child has emerged: the latch-key child. Latch-key children seem to be more the same-goes-three-days than the children who come home to open houses and waiting mothers (or fathers). However, while this may be true, many working and single parents have questioned whether their children are old enough to handle the responsibility that the title "latch-key" demands.

July's question for readers was: "How can I tell when my child is old enough to be left alone at home?" Your answers to the following questions, which are reprinted from a parent guide by Joan Kantor of the United States Office for Children, should help you decide whether your child is mature enough to handle the responsibility of being a latch-key child.

Is there an adult nearby that your child could contact in an emergency?

Would your child feel comfortable asking an adult for help?

Is your child able to use a telephone correctly?

Can your child give information correctly?

Is your child able to complete tasks and solve daily problems?

Can your child lock and unlock doors without assistance?

Is your house secure and your neighborhood safe?

Can your child multi-task? Is your child shy enough to enter the house alone?

Is your child afraid of the dark?

Has your child ever exhibited unacceptable seizures?

For more information on latch-key children, call the Child Care Resource and Referral Office, Talbot 200, 586-8584. Peggy Kocubes is the child-care coordinator for the University Hospital staff and employees. For more information or latch-key column suggestions, please contact the office for more extension listed above.

UH programs target social isolation among Boston elders

A group of Boston elders, who might otherwise be confined to their Amory Street housing developments for lack of transportation or companionship, took a field trip to the South Shore Plaza this past summer, as part of a new University Hospital program.

The Leisure Life Program, which is administered by UH, a University Hospital

TLC Computer continued from page 1

pressure patients' health on a weekly basis, relating important information about a patient's current condition to the physician.

The system, which utilizes a synthesized voice, is being clinically tested by researchers at Boston University School of Medicine and UH on patients who have hypertension. If this study proves successful, future plans for the TLC could include the monitoring of patients with diabetes and heart disease.

A continual monitor

To patients with high blood pressure who may be too sick to be with their physician two to four times a year, the TLC is an extension of their physician, offering reassurance that their health is being continually monitored. Since hypertension is treated primarily through medication, the computer also saves on unnecessary office visits-for example, patients need a change in medication.

While these patients usually visit their doctors every three to four weeks, problems can arise between appointments that need to be addressed immediately. Friedman said.

Patients involved in the program place a call through the computer once a week by using a standard push-button telephone. Patients identify themselves through password, which allows the computer access to their medical records. The computer then asks the patients a series of individualized questions, including their current blood pressure reading-which they must take prior to entering the computer to make sure that the computer receives the patients' individualized responses, including their current blood pressure readings.

The elders choose the shopping trip as their first event because, "the housing development is miles away from the nearest shopping center," she noted.

Upcoming activities on the elders' agenda include current events, community activities, game-playing, arts and crafts, gardening, meal preparation-all designed to increase self-esteem and prevent social isolation, Bissonomte said.

The aging of individuals in public housing creates the need for health- and social-service agencies to incorporate residents into the mainstream of life," she said. "Rather than have these people placed in institutions, we're trying to create a supportive environment so that they can maintain their independence."

UH PEOPLE highlighting our own

UH PEOPLE is a feature that will note the accomplishments, appointments or accolades received by the Hospital staff and employees. If you have an item that you'd like to submit, send it to UH Connections editor Cynthia Paradis, DOB 915.

Home Medical Service Senior Nurse Coordinator Gloria Bowen-Daise has been named "Woman of the Year" by the community group her South End church, United United Methodist. A UH Black Achiever, Bowen-Daise is co-chairperson of the Hospital's Affirmative Action Committee.

Howard Koh, M.D., Ph.D., a member of UH's Dermatology Department and an assistant professor of medicine and dermatology at the Boston University School of Medicine and assistant professor of public health at the School of Public Health, recently co-authored the new American Cancer Society brochure, "Living with Cancer: A Multicultural Experience." The brochure is produced in five languages and presents general cancer information along with the stories of people from various ethnic groups who have survived cancer.

Donald R. Gillies, the director of the Inpatient/Public Affairs for Boston University Medical Center, was elected to the board of directors at the Pine Street Inn. A non-profit, private corporation, the Pine Street Inn is a South End shelter for homeless adults that also administers an outreach/homeless van program, work/rehabilitation program and the Profit-Sufficiency Housing Trust, a permanent housing program.

Jonathan Woodson, M.D., Vascular Surgery, "I'm sure they can get into the pennant race."

Roger Riosdol, Carpenter: "No, I think the Red Sox are going to fold. When the crunch is on, they're going to fold."

This month's question:

Do you think the Red Sox can win the pennant?

Vernon Trudell, Pathology: "I would think so. The Sox have come a long way and I'm sure they can get into the pennant race."

Fat Forgione, Posing: "Well, they had better win it this year. I think they can win it, they just have to make up their minds."

Jonathan Woodson, M.D., Vascular Surgery: "No, I don't think they can do it. They'll probably choke in the long run."
Few UHers take advantage of home radon test to detect deadly gas

When Victor Evdokimoff, director of Radiation Protection, decided to offer a household radon-gas test to Medical Center employees, he figured he would test his own home first.

Evdokimoff brought home the charcoal canister needed to perform the test, placed it in his basement for the required two days and then brought the container back to his office, where he analyzed the results. He was shocked to find that his Needham home failed the test, the level of radon in the air had exceeded the Environmental Protection Agency (EPA) standard of four picocuries per liter of air by 7.

Many Massachusetts homeowners might find themselves in the same situation. According to a recent Department of Public Health survey of more than 2,000 homes, the level of radon in one in five households is higher than the EPA guidelines.

A adjacent assistant professor at Boston University School of Public Health, Evdokimoff, MS, CHP, said "cause for concern" over radon is the reason his office offered the test. To date, only a handful of University Hospital employees have taken Radiation Protection up on its offer of a $20 test kit and Evdokimoff said he hopes more employees will participate.

Radon, a natural gas, comes from the breakdown of radium. It can be found in high concentrations in soils and rocks. In the outdoor air, radon offers no health threat. However, in an enclosed space, such as a home, radon can accumulate by seeping into a home from underground soil or private well-water.

Radon linked to lung cancer
Exposure to elevated levels of radon can increase a person's risk of developing lung cancer. Scientists estimate that between 5,000 and 20,000 lung cancer deaths a year nationally can be attributed to radon. A person's chance of developing lung cancer depends on the concentration of radon and the length of time the person is exposed.

'Strong for alarm'
The above case is an extreme example. Should a person decide to test his or her home for radon and get a high reading, it is not cause for alarm; rather, it is an indicator that follow-up action should be taken, Evdokimoff said. When he retested his home, Evdokimoff got a reading of 2.5. The level of radon usually decreases considerably the higher you go in a home. The solutions to reducing radon levels are simple and generally inexpensive, such as sealing cracks in the basement. If you would like to have your home tested for radon, call Radiation Protection at x7052.

September Spotlight Award
Winner Lois Sullivan, L.P.N., has a track record for helping people in need. Although she was chosen for the award because of her current involvement in a soup kitchen and food pantry in Brighton, she easily can be honored with any number of awards for her history of community involvement.

A staff float nurse for 20 years, Sullivan works the 11 p.m. to 7 a.m. shift. During the day, she spends her time cooking, coordinating and partaking in several food programs. Every Wednesday, Sullivan can be found preparing dinner for up to 120 street people, homeless and elderly singles in Brighton. A food pantry in which she participates feeds more than 100 people a month.

A board member of the Massachusetts Coalition Against Hunger and Homelessness and an executive board member of the National Coalition Against Hunger and Homelessness, Sullivan said she feels it is her duty to fulfill people's basic needs. "It's an injustice in the United States today, to let a person's basic needs go unheeded. There are enough people with enough intelligence to stop it from happening," she said. "It's our duty. I feel it's my duty anyway."

Sullivan's history of helping others began when she was age 18. From her membership in several church groups, Sullivan branched out into the Brighton community: She was a supervisor at Youth Tutoring Youth, a coordinator for the Boston cultural program Summer Thing, the co-founder of the Jackson Mann School, and the founder of P.U.F.F. (Parents United for Foster Families), an advocacy program for foster parents and children.

With three grown children of her own and one adopted child, Sullivan and her husband of 30 years have helped raise 28 foster children. Her motivating force, she said, is the enjoyment she receives from living each day to the fullest. "I really enjoy life. I intend to not miss a thing."

In the Spotlight
Spotlighter Lois Sullivan: 'It's my duty to help others'

Sullivan's vigor and need to help others has been inherited by her children. Two of her children, now living outside Massachusetts, currently are involved with feeding programs in Pennsylvania and Rhode Island.

A reception honoring Sullivan will be held on September 14 at 3 p.m., in Vose Hall's third floor classroom.

If you would like to nominate a fellow employee for the award, contact Gloria Shapiro, R.N., x7500. All employees must have been employed by UH for at least one year.

Lois Sullivan

Sullivan's vigor and need to help others has been inherited by her children. Two of her children, now living outside Massachusetts, currently are involved with feeding programs in Pennsylvania and Rhode Island.

A reception honoring Sullivan will be held on September 14 at 3 p.m., in Vose Hall's third floor classroom.

If you would like to nominate a fellow employee for the award, contact Gloria Shapiro, R.N., x7500. All employees must have been employed by UH for at least one year.

Lois Sullivan

Sullivan's vigor and need to help others has been inherited by her children. Two of her children, now living outside Massachusetts, currently are involved with feeding programs in Pennsylvania and Rhode Island.

A reception honoring Sullivan will be held on September 14 at 3 p.m., in Vose Hall's third floor classroom.

If you would like to nominate a fellow employee for the award, contact Gloria Shapiro, R.N., x7500. All employees must have been employed by UH for at least one year.

Lois Sullivan