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Take one: August 1983

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take one

a publication for the people of University Hospital



F-1 GETS A NEW LOOK: Cafeteria Manager Peter Hopwood, right, and Dietary Services Director Steve Magnan, discuss plans for the new F-1 Cafeteria as Timothy Collins, far left, and Brian Damato work in the background. See story about the changes, inside.

short takes

CREDIT UNION'S UH BRANCH OFFICE: OPENING DATE SET FOR AUGUST 30

The University Credit Union will open a satellite office on the University Hospital campus on Tuesday, August 30, says Credit Union Manager William Sinibaldi. The new Credit Union office will be located at the Security desk on the first floor of the Talbot Building.

Sinibaldi says initially the branch office's hours will be Tuesdays from 12:30 to 3 p.m., and Fridays from 9:30 a.m. to 1 p.m. Persons who wish to telephone the office should not call Security, but should dial x5908, and not before the new facility officially opens on the 30th.

To avoid long lines on the first day, the Credit Union staff recommends that some UH employees conduct their first transactions at the new office after the first few days of operation.

The main office of the University Credit Union, 629 Commonwealth Ave., Boston (353-2393), is open Monday through Friday, 8:30 a.m. to 4 p.m., and Thursdays until 6 p.m.

UH BLOOD BANK'S SUMMER BLOOD DRIVE IN FULL SWING; AUGUST DONORS BECOME ELIGIBLE FOR PRIZES

University Hospital employees so far have contributed over 60 pints of blood in August as part of the UH Blood Bank's Summer Blood Drive. On some days as many as 10 pints have been donated from within the UH community.

Hospital employees who donate blood in August are eligible for the Blood Bank's Summer Blood Drive Contest. Besides automatically earning four hours of vacation time, employees who donate a pint are placed in the running for over 25 prizes, including UH Gift Shop gift certificates and Serengeti sunglasses. Winners will be determined by a random drawing to be held at the end of August.

The UH Blood Bank is open Monday through Friday from 9 a.m. to 4 p.m., with new evening hours until 8 p.m. on Tuesdays for the convenience of UH employees. Call Susan Eikinas at x5255 for more information or to make an appointment.

UH AID ASSOCIATION THRIFT SHOP DEALS IN "TREASURE" TO HELP SUPPORT PATIENT CARE

How would you like to buy a 3-D painting? Or perhaps oriental prints are more to your liking. What do you intend to do with your extra living room sofa? If you have items to give or rooms to fill, you can help support patient care at University Hospital by purchasing from or donating to the Thrift Shop of Boston. The Shop deals in quality goods, including "furniture, appliances, toys, clothing and assorted treasures."

"We'll take anything, as long as it's in working condition--not torn or broken," says Eleanor Rose. She and Wendy Feldman are the UH Aid Association's Thrift Shop co-chairpersons. The Thrift Shop of Boston, located at 656 Centre St., Jamaica Plain, is operated jointly by associations from 12 hospitals, including the UH Aid Association.

To keep the Shop stocked with quality items, Rose searches out estate and garage sales, buys from families or organizations that are moving and accepts donations from anyone with something useful to give. Recently at one estate sale, she went away with "practically a whole house of furniture," including three bedroom sets, plus brass pieces, dishes, an air conditioner, a 3-D painting and an antique yellow and white glass lamp. "The lamp was a real find because those colors are hard to come by," says Rose.

Anyone who wishes to donate items to the Thrift Shop of Boston may call Rose at 891-4589 or Feldman at 232-0163. The Thrift Shop staff will arrange to have the merchandise picked up. All donations are tax-deductible.

Copy for this issue, except for the F-1 Cafeteria story, was compiled by Steve Stiles, an intern in the Office of Informational Services.

Take One is published for the employees of University Hospital every second Thursday by the Office of Informational Services, Boston University Medical Center. For copy submission or information, please contact Owen J. McNamara, director, Office of Informational Services, DOB-600, x5606.



around about UH

A NEW MENU AND MODERN LOOK FOR THE F-1 CAFETERIA: UH RESPONDS TO THE MEALTIME NEEDS OF EMPLOYEES

A recent study conducted by the management staff of Dietary Services confirmed that American eating habits are changing. "Quick, light meals are more popular now than the traditional, family-style meat and potatoes," said Stephen J. Magnan, director of Dietary Services.

Construction under way since August 1 at the F-1 cafeteria will reflect these changes in a number of ways. When it returns to full operation in the first week of September, the Cafeteria will offer a service more in line with American eating habits, complete with a deli, fast food and soup and salad format, according to Cafeteria Manager Peter Hopwood. Once completed, the new facility will feature a modern, more efficient cafeteria serving area, including a self-service soup station and refrigerated salad bar and dessert cases.

Kitchen renovations now under way include the introduction of new specialized equipment, such as a steam cooker, convection oven, slicing machine and sandwich preparation table.

In an effort to beautify the dining area's decor, the cafeteria will be color coordinated in rusty-red tones. In addition, new ceiling and lighting fixtures and a new floor will be installed.

A continental breakfast, served daily from 8 a.m. until 10 a.m., will feature fresh croissants, bagels and pastries, juices and assorted herbal teas. Lunch and dinner will consist of one hot entree special such as broccoli and cheese souffle or seafood newburg, and an assortment of deli sandwiches, hamburgers, french fries and salads. Lunch will run from 11 a.m. to 2 p.m. and dinner from 4 to 7 p.m.

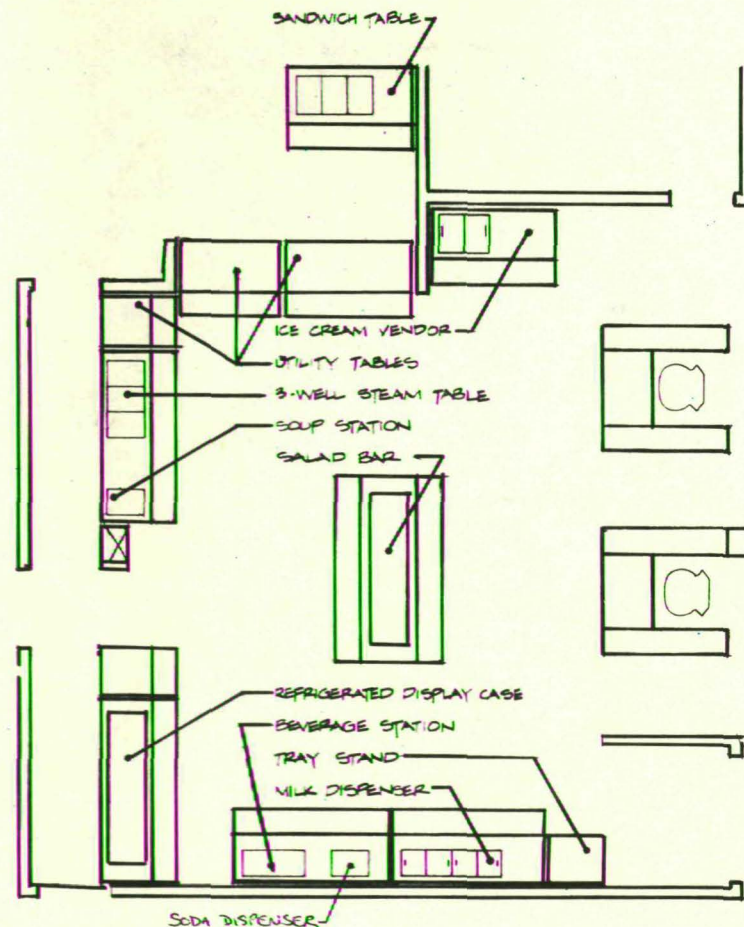
According to Magnan, changes in the cafeteria are a cost-saving move that reflect the fiscal limits imposed by Chapter 372, the state law designed to lower hospital costs.

The study that led to the modifications was a market survey of 14 restaurants in the UH area, and an evaluation of food prices and quality, sanitation, menu styles and portion sizes.

"By upgrading and modernizing F-1 and offering a new menu, we hope to place the cafeteria in a more

competitive hospital food service market. But, even with an expected increase, the Cafeteria's food prices will remain lower than those of its competitors," said Magnan.

By Susan E. Earabino, an intern in the Office of Informational Services.



THE NEW F-1: Detail from the F-1 Cafeteria renovation plans showing layout of the serving area. Note two cash register stands on right. Diners will enter through doors across from chapel, at lower right on diagram.

classified

APARTMENT FOR RENT: Summer rental, Hyannis, Cape Cod. 4-bdrm hse. on ocean front; \$500/week. Indira, x5099 or 964-1220 evenings.

APARTMENT FOR RENT: 21 E. Concord St., owner occupied; 1 bdrm., newly renovated, entire flr. of bldg.; pvt. entr., Honeywell alarm sys. w/ 24-hr. monitoring; new kit. w/dshwshr., disp., gas range; new bthrm; bsmnt. storage w/ wshr/dryer in Oct.; access to bck. yd.; on-st. pkg.; pets welcome; \$400 + ht, avail. 9/1. 523-5570 or 247-2116 (until 11 p.m.).

APARTMENT FOR RENT: Newton Corner; spac., mdrn. 1 bdrm. apt. on 3rd fl. of Vict. house; l.r., din. rm.; all-tiled bthrm. and kitch. areas. Incl. all appl., sky lts., wall to wall cpt., strg. space; off st. pkg., sep. entr.; 3 blks. to Mass. Pike, access to pub. trans.; \$600 (couple), \$575 (single) mnthly. 527-8320, 7 a.m. - 11:30 p.m.

APARTMENTS FOR RENT: 5 min. from Gov. Ctr.: 3-BDRM: large lr, dining rm., mdrn. kit., dw/ disp, lndry, mdrn tiled bathrm, porch, TV, stereo, plants; compl. furn.; 3 phones, a/c, gas kit., fully cpt.; \$720/mo. + utl. 2-BDRM: large kit., dining rm., lr, mdrn. bath, dw/d, clr. TV, stereo, luxurious furn., porch, a/c, lndry rm.; incl. 2 phones; gas kit.; \$690 + utl.; both apts, 569-2284 aft. 5 p.m.

LIVING ROOM SET FOR SALE: Beautiful, rustic 3-pc. lr set: couch, easy chair, coffee tbl., Ex. cond.; \$225 or best offer. Paul x5606, (783-3425 eve.).

CAR FOR SALE: '77 Olds Starfire hatchback; 50 K mls, pwr. steering, atm. trsm., AM/FM stereo; gd. cond., \$2,695 or bst offer. Janet, 277-8432 evn. and wknds.

CONDO FOR SALE OR RENT: "Halifax Meadows," Halifax, MA, 2 bdm, 1 1/2 bth, ex cond, avail imm; deck leads to lg back yd; near pool. 289-4992 or collect 813/681-8604.

CAR FOR SALE: '71 VW Bug; new engn.; \$900 or best offer. Jean, w 424-4248, h 846-4466.

OFFICES FOR LEASE: For docs. and dntsts, Beacon St.; must see to appreciate. Roland Pearce, 846-6815.

PAID VOLUNTEERS WANTED: For study of effects of smoking on memory. No uncomfortable procedures. Smokers of at least 1 pack/day, who are BUMC empl. or stdnts eligible. David Glosser, x6138, re: memory study.