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1983-03

Take one: March 1983

Boston University Medical Center. Take One: March 1983. Archived in OpenBU at <https://hdl.handle.net/2144/24172>.
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March 17, 1983

take one

a publication for the people of University Hospital



'YOUNG
DIETITIAN
OF THE
YEAR'--

Mary V. Shea, R.D., M.S., chief dietitian at UH, has been cited for her outstanding work in dietetics. See story inside.

need to know

C-7 RECOVERY ROOM DEDICATED; NEW FEATURES INCREASE EFFICIENCY OF UNIT

The new, expanded Recovery Room on C-7 began operation on Monday, March 14. It has several advantages over the former facility in terms of location, design and technology, and "will enhance the Hospital's ability to deliver excellent patient care," said President J. Scott Abercrombie Jr., M.D., at the dedication ceremonies on Friday, March 4. Karen Day, M.S.N., the Hospital's new nursing administrator, and Marcelle Willock, M.D., chief of anesthesiology, also spoke at the ceremony.

Because of the new facility's location, it forms a cohesive unit with the B-7 SICU and D-7 Operating Room workroom. It also has 11 beds--four more than the former room.

The new RR also has the benefit of natural lighting; the old room on C-7 did not have windows. The consoles (panels of outlets for gases) now are located above the beds and may be reached from either side of the beds. In the old RR, the consoles, which were located to the sides of the beds, were less accessible.

The new RR also has more sophisticated monitoring equipment. One such device is a special clock above each bed that can record time lapse in the event of a cardiac arrest.

Construction of the facility was made possible by funds raised in UH's Anniversary Development Campaign, which also provided capital for construction of the new SICU on B-7.

UH EMPLOYEES MAY PURCHASE COMPUTERS AT DISCOUNT PRICES FROM BOSTON UNIVERSITY

University Hospital employees may now purchase IBM and Digital Equipment Corporation personal computer products from Boston University at a significant discount from retail list prices. The full lines of both manufacturers' personal computer hardware and software products became available on March 1 through the Boston University Personal Computer Sales and Support Program.

Discounts range from approximately 17 percent to 27 percent. The price of a system will vary

with the equipment and options selected. A "typical" small configuration consisting of a computer unit, a monochrome display and one disk unit will cost about \$2,700 with the discount. A "dot-matrix" printer and additional memory will add about \$750 to the purchase price. A "fully loaded" system with extra memory, correspondence-quality printer, color display, "Winchester" disk and a full complement of software can cost \$11,000.

At this time, Boston University does not offer a financing plan. A 20-percent non-refundable deposit is required with full balance due on delivery. Payment must be made by cashier's check or cash. Delivery takes four to six weeks.

Boston University also handles several software packages at discounted prices, and will provide certain kinds of technical assistance to consumers. For example, the University has scheduled frequent demonstration sessions for consumers, and offers more in-depth training through Metropolitan College.

For more information, call the Personal Computer Sales and Support Program on Boston University's Charles River Campus at 353-3457.

SEXUAL ATTITUDE REASSESSMENT PROGRAM SET FOR APRIL

University Hospital will sponsor its fifth Sexual Attitude Reassessment program on April 9 and 10. This intensive two-day program provides both disabled persons and professionals in the field of rehabilitation medicine with the opportunity to explore issues of sexuality and to better understand the relationship of physical disability to sexual functioning. More than 400 people have attended SAR programs at UH since 1979.

Financial assistance is available to persons who cannot afford to pay the full tuition for the workshop. For more information, contact Stan Ducharme, Ph.D., director of the program, at x5291.

Take One is published for the employees of University Hospital every second Thursday by the Office of Informational Services, Boston University Medical Center. For copy submission or information, please contact Nancy Shea, editor; or Owen J. McNamara, director, Office of Informational Services, DOB-600, x5606.



people

UH'S MARY SHEA CITED BY STATE GROUP AS YEAR'S 'OUTSTANDING YOUNG DIETITIAN'

Mary Shea, R.D., UH's chief dietitian, has been named "Recognized Young Dietitian of the Year" by the Massachusetts Dietetics Association. The award honors Shea for her outstanding work in the field of dietetics.

Shea, a native of Vermont, received her bachelor's degree in nutrition from the University of Vermont. She did an internship and graduate studies at Emory University School of Medicine, Atlanta, after which she became a board-certified dietitian. She went on to receive her master's degree in public health from the University of Massachusetts, Amherst.

Shea came to UH two and a half years ago. Her previous experience included work with Veterans Administration extended-care facilities. Shea also was a clinical dietitian at New England Deaconess Hospital, Boston, and was chief clinical dietitian at Putnam Memorial Hospital, Putnam, Vt.

As chief dietitian, Shea directs the Clinical Dietetics Section of the UH Dietary Department and acts as that Department's nutrition consultant in providing quality nutrition care at UH.

RUN FOR FUN AND PRIZES; SIGN UP FOR THE BOSTON MILK RUN

University Hospital employees are invited to form teams and compete against other area hospitals in the Boston Milk Run sponsored by the Massachusetts Dietetic Association and the Dairy Farmers of New England.

The 10-kilometer race, set for Sunday, April 10, will begin at 11 a.m. at the Avenue Louis Pasteur on the Fenway, Boston. A total of \$5,000 in prize money will be awarded to winning runners in a variety of categories. A trip to Scotland to compete in that country's Aberdeen Milk Marathon will be the grand prize of a raffle for participants. Prizes will be awarded to hospital teams.

Hospital teams each must have at least four competitors. Mixed hospital teams must have at

least two male and two female competitors. Teams may have as many competitors as desired. Winning teams will be determined by computing the lowest aggregate total time of the first four finishers.

Each member of a hospital team must submit an entry form and \$5 registration fee to the race committee. To obtain an entry form or more information, call Claire Donovan, R.D., a UH dietitian, at x5064.

EMPLOYEES INVITED TO CELEBRATE NATIONAL SOCIAL WORK MONTH

In celebration of March as National Social Work Month, the Social Service Department will hold a reception with light refreshments in the Wilkins Board Room on Thursday, March 24, from 2 p.m. to 4 p.m. The reception will follow this month's Social Service Grand Rounds presentation by Sandra Vallery, M.S.W., on "Family Violence," which is set for 1 p.m. in L-112 at the School of Medicine.

Social work in most hospitals is a relatively young profession; at UH, it is 64 years old. Social workers are trained to assess and provide assistance with the psychosocial problems that complicate and prolong illness and hospitalization. Through skilled discharge planning, counseling and patient advocacy, social workers play a significant role in reducing length of hospital stay, readmissions and inappropriate use of emergency rooms and outpatient clinics, according to Betsy Lochte, M.S.W., director of Social Service at UH.

The staff members of the Social Service Department would like to invite the Hospital staff to join them in their celebration on March 24. Department members will be available to discuss social work and to answer questions.

DISCOUNT TICKETS AVAILABLE FOR 'A CHORUS LINE'

The University Hospital Personnel Department is offering UH employees discount coupons toward ticket purchases for the hit musical "A Chorus Line," which is playing at the Shubert Theatre through March 20.

A limited number of coupons is available and will be distributed on a first-come, first-served basis. Anyone interested in discount coupons may call Chris Doucette in Personnel at x5383.

classified

CAR FOR SALE: '78 Kawasaki K2-1000. \$2,000/best offer. Tom, x5012.

CHILDREN NEEDED FOR STUDY: Children ages 6-10 and 14-17. No history of learning, neurological or hearing disorders. Paid \$10 for 2-hr. session. Involves listening to sounds while EEG (brain waves) recorded. Safe, painless. Call Barry Skoff, Neuropsychology Lab, 247-6714.

CLASSES FOR PREGNANT/POSTPARTUM WOMEN: Strengthen abdomen, lower back. Music, exercise, easy dance steps. Saturdays, 9 a.m.-10 a.m. Joy of Movement, Wellesley, 237-6465.

COMMISSION A MURAL: Attn. parents/expectant parents. Order a colorful custom-designed mural to brighten up your child's room. Reasonable price. Karen, x6691 (days); 628-3846 (eves.)

DAYCARE AVAILABLE: Licensed daycare, expanded home environ. 2 warm, caring, multidegreed, multilingual women. Intimate group, 2-3 children under age 2 and 2-3 toddlers. Exc. materials, lg. outdoor playspace. Movement, music, cognitive skills, storytelling, arts. Individ. loving attn. Wholesome foods. S. End loc. Reasonable. Joyce, 266-4639; Ellen, 267-2282.

EXAM TABLE FOR SALE: Attractive 6-ft. flat examining table w/pillow, side drawer. Never used. Cost \$380, will sell \$200, or best offer. 527-0313.

QUALITY TYPING: Theses, resumes, reports, etc. Fast accurate service. Reasonable fee. Barbara, x6167 or 482-6980.

SUMMER RENTAL: 3-bdrm. furn. house for rent (Mem. Day-Labor Day) W. Yarmouth, near Seagull Beach, 1-min. walk to Swan Lake. \$360/week. Kevin, x5206, days; 389-1114, eves.

SUMMER RENTAL: Mod. 2-bdrm. oceanfront cottage, Quahoag Bay near Brunswick, Me. Privacy, deck overlooking ocean, private dock, fishing, swimming. \$255/week in season. Ruth, x5534 or 861-6190.