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## Boston University School of Medicine

Office of Media Relations  
Betty Russell, Director  
720 Harrison Avenue  
Suite 909  
Boston, MA 02118-2393  
617 638-8491

# NEWS

For Immediate Release  
August 1990

Contact: Gina DiGravio  
(617) 638-8491

### NATICK RESIDENT HONORED FOR ACHIEVEMENT IN HYPERTENSION RESEARCH

Boston, Mass.--Natick resident Aram V. Chobanian, M.D., the dean of Boston University School of Medicine (BUSM) and founder of the School's Cardiovascular Institute, recently was presented with two prestigious awards--a National Award of Merit from the American Heart Association (AHA) and the Modern Medicine Distinguished Achievement Award--for his contributions to medicine. A co-recipient of the Modern Medicine Award was C. Everett Koop, M.D., the former Surgeon General of the United States.

Chobanian, a professor of medicine and pharmacology at BUSM, is known internationally for his research in hypertension. He chaired the National Institutes of Health's Fourth Joint National Committee on the Detection, Evaluation and Treatment of Hypertension--the JNC-IV--which helped change the way people think about the diagnosis and management of hypertension and cardiovascular disease, both in the United States and around the world.

The AHA honored Chobanian for his service to the Scientific Council for High Blood Pressure Research. With 18,000 members nationwide, the AHA's 14 Scientific Councils are the organization's medical and scientific advisory arm. Chobanian is a past-chairman of the Council for High Blood Pressure Research.

The Modern Medicine Distinguished Achievement Award was presented to Chobanian for excellence in clinical practice, research, academics and public education.

Chobanian has directed three major cardiovascular research activities. His current work involves examining the molecular and cellular biology of the arterial wall in response to hypertension and hypercholesterolemia. His

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research team is working on developing new therapeutic approaches to prevent vascular diseases.

Chobanian's administrative positions have included 15 presidencies and committee chairmanships. He has been a member of the editorial boards of eight clinical publications, including the New England Journal of Medicine, and has published two books and over 200 articles in scientific journals.

Chobanian received his undergraduate degree from Brown University and his medical education at Harvard.