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Take One

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take one

a publication for the people of University Hospital



MAX IS BACK--Kevin Volz of Max Salads prepares a Middle Eastern salad for Susan Gertman, Office of Informational Services. Volz will man the salad cart on East Newton street, from 11 a.m. to 1:30 p.m., "all summer."

around about UH

LEARNING DRILL PROCEDURES NECESSARY FOR ALL AT UH

One of the most dreaded disasters in a health institution is fire, and statistics prepared by the National Fire Protection Association show that many hospital fires can be attributed to employee negligence. Knowing and following fire procedures is the job of everyone at UH, according to Alfred Busa, chief of maintenance, who notes that staffers in areas unrelated to patient care often do not know correct fire procedures.

The three most important procedures to remember when you discover a fire or see smoke are:

- Operate the fire alarm box.
- Telephone 5555 or the alternate number 5777. Use the word DRILL instead of FIRE.
- Return to fire alarm box and await assistance.

When the Drill Signal sounds, all personnel should report for duty, depending on the area in which they work.

UH staffers are given a wallet-size card during employee orientation sessions, listing complete instructions for reporting and controlling fires. Busa suggests that employees learn the procedures and also carry the card with them for reference whenever they are in the Hospital.

UH BEGINS SUPPORT GROUP FOR FAMILIES OF CANCER PATIENTS

A support group for the families of cancer patients in UH with newly diagnosed cancer or for treatment was begun recently by the Nursing Department. The group's main topics of discussion will be the crisis of hospitalization and coping with a prolonged illness.

The group will encourage information sharing, problem solving and social support among family members as well as give suggestions for future sources of assistance, according to

Paula Vannicola, R.N., clinical specialist in oncology, and Marcia Yousik, R.N., clinical specialist in psychiatry, group leaders.

Physicians, nurses and social workers may refer new members to the group. Potential members will be interviewed by Vannicola or Yousik to determine the needs of the family and to explain group goals.

For more information, contact Vannicola or Yousik by leaving a message at x6578. The program is free.

TAKE ONE EVALUATION FORMS STILL AVAILABLE AT OIS

If you have not yet returned your Take One evaluation, you still may do so. Extra evaluation forms are available at the Office of Informational Services, P-600. Evaluation forms should be returned to Informational Services through interdepartmental mail.

PARKINSON'S DISEASE CENTER TO SPONSOR WORKSHOPS

A series of workshops for Parkinson's Disease patients and their families will be sponsored by UH's Parkinson's Disease Referral Center and the American Parkinson's Disease Association, later this spring.

The subjects of the workshops will be: "What is Parkinson's Disease?" May 23; "Mobility Training" and "Activities of Daily Life," May 30; "Communications in Parkinson's Disease" and "Social Support for the Parkinson's Patient," June 6.

The workshops will take place from 3:30 to 5:30 p.m. in the F-3 rehabilitation room. Pre-registration is required. Class size is limited to 20, and each participant may bring one family member. The fee is \$25 for the series or \$10 per workshop. For more information, contact Timothy Lee, program coordinator, x5984.



Take one is published for the employees of University Hospital every second Thursday by the Office of Informational Services, Boston University Medical Center. For copy submission or information, please contact Owen J. McNamara, publications manager, P-600, x5606.

HEALTHFUL HINT #5 NOW ON PRESS;
ANNUAL REPORT BOOSTS
SUBSCRIPTIONS BY 6,300

"Exercise: Tune Up for a Healthy Life," the fifth in the Healthful Hints from University Hospital series, will be printed in the next week.

The booklet stresses the importance of a proper exercise program for good health. It examines various types of exercise programs, proper methods of exercise to obtain best results and the relationship between exercise and weight loss.

Subscriptions to the Healthful Hints series received a boost of more than 6,300 new subscribers with the recent distribution of UH's 1979 Annual Report.

One example of the enthusiasm with which UH's efforts to inform the public are received is shown by a letter from Mrs. Jeanne Gilmore of Brockton.

"I would like to tell you how much I appreciate and enjoy your 'Healthful Hints' booklets and I read with great interest your '1979 Annual Report' which was delivered with the evening paper recently.

"I am sure many people are benefited by the many publications which you distribute-- they are informative and helpful. It is another marvelous service which you render to the surrounding communities."

classified

FOR RENT

2 Bedroom modern apartment directly overlooking Revere Beach. Wall to wall carpeting, refrigerator and ac. Available June 1. Rent is \$500/month. Call 846-7810 after 5 p.m.

WANTED

Doll House for UH's Early Learning Program on D-9 to be used in therapy with handicapped children. Donation preferred. Contact Cathy or Barb at x5464 or Maria at x5467.

short takes

TELEVISION DOCUMENTARY AVAILABLE FOR UH EMPLOYEES

"Just Hold My Hand," a television documentary that was filmed in part at UH and details the last weeks of two terminally ill cancer patients (Take One, April 5) is available for viewing by employees. The documentary, narrated by WCVB-TV's Timothy Johnson, M.D., was broadcast April 18 on Channel 5. For more information, department managers should contact Owen McNamara, manager, Office of Informational Services, x5606.

UH AID ASSOCIATION DISCONTINUES CLOTHING BOX

The UH Aid Association's donation box for discarded clothing, located in the Evans lobby, will be removed and the program discontinued, according to Ed Stedman, UH director of security and communications. This was done "regretfully," said Stedman, because use of the box proved to be "impractical."

REMINDER FOR BICYCLE RIDERS

UH staffers using bicycles for transportation to and from work are reminded that city fire ordinances do not allow bicycles, or any parts of bicycles, to be brought into Medical Center buildings.

Bicycle racks are located: adjacent to the H Building at the entrance to Parking Lot B; at the ground level entrance of the Doctor's Office Building; and outside the main entrance of the School of Medicine, according to Ed Stedman. All bicycle racks are within view of a security post.

CORRECTION

The April 19 issue of Take One misspelled the name of the late Beverly Hull, R.N. Take One regrets the error.

F-5 SPONSORS HARBOR CRUISE TO RAISE FUNDS FOR VAN

The New England Regional Spinal Cord Injury Center, located on F-5, will sponsor a Boston Harbor Cruise to raise funds for a van to be used for recreational purposes by patients on the unit. The cruise will be on Sunday, June 3, with music provided by the band, Tanglewood. The cruise will begin at Lewis Wharf at 3 p.m. and end at 6 p.m.

Tickets are \$15 each or two for \$25 and go on sale May 7. For more information, contact Roberta Koontz, rehabilitation community coordinator for F-5, at x5298.

sports

UH SOFTBALL SEASON STARTS; 'HOT SHOTS' TO MEET 'HUSTLERS' IN PRESEASON GAME

University Hospital will sponsor three softball teams to meet main campus foes in this year's Boston University Intramural Summer Softball League. Spring training is under way for the UH Hot Shots, the Hospital's women's squad; the Hustlers, a team from the Hospital's maintenance department; and the Mackers Whackers, a team of staffers from administration and several other departments.

There is a lot of enthusiasm among the 57 players recruited for the Hot Shots, according to Ann Faro of Employee Relations, and the team has scheduled weekly practices at South Boston's Marine Park. With John Sagar, assistant administrator for fiscal support services, and Paul Marcin, business manager for plant services, as coaches, the Hot Shots anticipate a promising season.

The UH Hot Shots will meet the Hustlers before regular season play in a scrimmage game on Tuesday, May 15, at BU's Nickerson Field. Hustler captain, Roger Risoldi of the maintenance department, said he expects the Hustlers to have a winning season.

Players are currently being recruited for Mackers Whackers. All interested athletes should call Mike McGowan at x5340 or Ken Maltese at x5348.