

2023-10-18

# Resource G. Daily Didactics and Activities Schedule (handout)

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# BEDFORD VAMC GERIATRICS ROTATION

## Daily Activities Schedule

**August 21<sup>st</sup> – September 15<sup>th</sup>**

Updated 08/10/2023

Activities Calendar Week #1				
(Nb: The curriculum and study guides refer to <i>your</i> week # on service, not to this activities calendar week #)				
Monday	Tuesday	Wednesday BUFM away	Thursday GLFM away today BU psych intern away	Friday Lahey till 12:15 only
<p><b>21</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p>    <p>Welcome New Trainees! TMS Trainings for remote access. Setup remote access. Meet with MR-Training Specialist or NA-Program Support</p> <p>12:15-1:30: Orientation to the rotation with Bedford VAMC clinician-educator team</p> <p>Afternoon (or Tues): Peer orientation to clinical use of CPRS</p> <ol style="list-style-type: none"> <li>1. If a coresident has been on service for at least a wk, that resident takes the lead on new resident's 1<sup>st</sup> or 2<sup>nd</sup> day</li> <li>2. If no coresident is available, Tracy RNP will do it if able</li> <li>3. If RNP unable, one of the attendings will</li> </ol>	<p><b>22</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p>    <p>10:45-12:00: Mindful Awareness exercise</p> <p><i>Why Geriatrics?</i> (Dr. LL) 6-word narrative</p> <p>12:45-1:00 Physical Therapy TEAMS meeting</p>	<p><b>23</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p>    <p>10:00-10:30 78c Team meetings</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Overview of Delirium</p>    <p>[ ] Attending will assign to non-new trainee the Journal Club articles for "Falls"</p>	<p><b>24</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p>    <p>10:45-12:00: Mindful Awareness exercise</p> <p>Active Medication Management (Dr. JM)</p>    <p><b>12:00 Grand Rounds</b></p>    <p>[ ] Arrange this week's interprofessional tag-team if not done already</p>	<p><b>25</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p>    <p>10:45-12:00: Mindful Awareness exercise</p> <p>Faith and spirituality (Chaplain PR)</p> <p>12:45-1:00 Occupational Therapy TEAMS Meeting</p>    <p>[ ] Trainee journal club facilitator send out instructions, abstract, and articles for next week's Harvard Macy-style Journal Club on <i>Falls</i></p>

**Activities Calendar Week #2**

(Nb: The curriculum and study guides refer to *your* week # on service, not to this activities calendar week #)

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b> BUFM away	<b>Thursday</b> GLFM away today BU psych intern away	<b>Friday</b> Lahey till 12:15 only BUFM away
<p><b>28</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>Welcome New Trainees! TMS Trainings for remote access. Setup remote access. Meet with MR-Training Specialist or NA-Program Support</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Comprehensive Geriatric Assessment Part I, Assessing Function (Dr. LL)</p> <p>12:15-1:30: Orientation to the rotation with Bedford VAMC clinician-educator team</p> <p>Afternoon (or Tues): Peer orientation to clinical use of CPRS</p> <ol style="list-style-type: none"> <li>If a coresident has been on service for at least a wk, that resident takes the lead on new resident's 1<sup>st</sup> or 2<sup>nd</sup> day</li> <li>If no coresident is available, Tracy RNP will do it if able</li> <li>If RNP unable, one of the attendings will</li> </ol> <p>[ ] Arrange this week's interprofessional tag-team if not done already</p>	<p><b>29</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Geriatric Pain Management (Dr. SY)</p> <p>1:00-1:15 Speech language Pathology TEAMS meeting</p>	<p><b>30</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:00-10:30 78c Team meetings</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Ageing Brain discussion (Dementia / Delirium) (Dr. LL)</p> <p>[ ] Prepare for tomorrow's "Falls" Harvard Macy-style Journal Club</p>	<p><b>31</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p><i>Falls</i> Harvard Macy-style Journal Club</p> <p><b>12:00 Grand Rounds</b></p>	<p><b>1</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise (TBD)</p> <p>Overview of Dementia</p> <p>12:45-1:00 Recreational Therapy TEAMS Meeting</p>

**Activities Calendar Week #3**

(Nb: The curriculum; "Welcome to Your Week!" emails; and study guides refer to *your* week # on service, not to this activities calendar week #)

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b> BUFM away	<b>Thursday</b> GLFM away today BU psych intern away	<b>Friday</b> Lahey till 12:15 only
<p><b>4</b> Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>Welcome New Trainees! TMS Trainings for remote access. Setup remote access. Meet with MR-Training Specialist or NA-Program Support</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>(Optional: Revisiting Neurocognitive Disorders)</p> <p>12:15-1:30: Orientation to the rotation with Bedford VAMC clinician-educator team</p> <p>Afternoon (or Tues): Peer orientation to clinical use of CPRS</p> <ol style="list-style-type: none"> <li>If a coresident has been on service for at least a wk, that resident takes the lead on new resident's 1<sup>st</sup> or 2<sup>nd</sup> day</li> <li>If no coresident is available, Tracy RNP will do it if able</li> <li>If RNP unable, one of the attendings will</li> </ol> <p>[ ] Arrange this week's interprofessional tag-team if not done already</p>	<p><b>5</b> Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Active Meds Management (CH-PharmD)</p> <p>12:45-1:00 Audiology TEAMS meeting</p>	<p><b>6</b> Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:00-10:30 78c Team meetings</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Comprehensive Geriatric Assessment Part II</p> <ul style="list-style-type: none"> <li>Whole Health® (VA Peer Specialist)</li> <li>Putting It All Together (Dr. LL)</li> </ul> <p>[ ] Attending will assign to non-new trainee the Journal Club articles for "Frailty"</p>	<p><b>7</b> Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Urinary Incontinence (Dr. LL)</p> <p><b>12:00 Grand Rounds</b></p>	<p><b>8</b> Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00 Mindful Awareness exercise</p> <p>You Can't Heal or Thrive without Nutrition (Nutri/SLP)</p> <p>12:45-1:00 Psychology TEAMS meeting</p> <p>[ ] Trainee journal club facilitator send out instructions, abstract, and articles for next week's Harvard Macy-style Journal Club on <i>Frailty</i></p>

**Activities Calendar Week #4**

(Nb: The curriculum and study guides refer to *your* week # on service, not to this activities calendar week #)

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b> BUFM away	<b>Thursday</b> GLFM away today BU psych intern away	<b>Friday</b> Lahey till 12:15 only BUFM away
<p><b>11</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>Welcome New Trainees! TMS Trainings for remote access. Setup remote access. Meet with MR-Training Specialist or NA-Program Support</p> <p>10:45-12:00: Mindful Awareness exercise (Dr. Meisel)</p> <p>It Takes a Village: Interprofessional Education and Collaboration (Dr. Meisel)</p> <p>12:15-1:30: Orientation to the rotation with Bedford VAMC clinician-educator team</p> <p>Afternoon (or Tues): Peer orientation to clinical use of CPRS</p> <ol style="list-style-type: none"> <li>If a coresident has been on service for at least a wk, that resident takes the lead on new resident's 1<sup>st</sup> or 2<sup>nd</sup> day</li> <li>If no coresident is available, Tracy RNP will do it if able</li> <li>If RNP unable, one of the attendings will</li> </ol> <p>[ ] Arrange this week's interprofessional tag-team if not done already</p>	<p><b>12</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Serious Illness Conversations (Dr. LL)</p> <p>12:45-1:00 Social Worker TEAMS meeting</p>	<p><b>13</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:00-10:30 78c Team meetings</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p>Pressure Injury discussion (Dr. SY)</p> <p>[ ] Prepare for tomorrow's "Frailty" Harvard Macy-style Journal Club</p>	<p><b>14</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise</p> <p><i>Frailty</i> Macy-style Journal Club</p> <p><b>12:00 Grand Rounds</b></p> <p>3pm: End-of rotation mutual feedback meetings with Dr. Lim</p>	<p><b>15</b></p> <p>Respond to texted <i>Geriatrics Question of the Day</i></p> <p>8:45am Unit 78C: Overnight Nursing Report</p> <p>10:45-12:00: Mindful Awareness exercise</p>