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Boston University School of Medicine News



Office of Informational Services
720 Harrison Avenue/Suite 600
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Contact: Jackie Herring
Susan Saperstein

FOR IMMEDIATE RELEASE:

Wellesley Hills resident Douglas M. McNair, Ph.D., a professor of psychiatry and director of the Clinical Psychopharmacology Laboratory at Boston University School of Medicine (BUSM), was recently awarded a \$257,856 grant from the U.S. Public Health Services for the first year of a two-year study entitled "Tricyclic Antidepressants and Cognitive Toxicity."

Tricyclic antidepressants may temporarily affect such cognitive functions of the central nervous system as learning and memory. Various degrees of interference in these functions may be associated with different antidepressants.

McNair will compare several tricyclic antidepressants to understand cognitive dysfunctions associated with such clinical syndromes as depression and age-related dementia.

McNair received his Ph.D. degree in clinical psychology in 1954 from the University of North Carolina, where he also received his undergraduate degree. He joined the BUSM faculty in 1964.

McNair is a member of the Psychopharmacologic Agents Advisory Committee of the Food and Drug Administration. He is also a member of several professional organizations including the Psychometric Society, the American College of Neuropsychopharmacology, the American Psychopathological Association, Phi Beta Kappa, Sigma Xi and the Society for Psychotherapy Research.

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The author or co-author of more than 55 scientific articles, McNair has presented 24 papers on topics related to psychiatry. He and his wife, Sally, reside with their son, Douglas, on Washington street.

Boston University School of Medicine is the site of several major interdisciplinary research centers, including the Hubert H. Humphrey Cancer Research Center and the Cardiovascular Institute of Boston University. The School is an innovator in medical education, offering several alternative curricula leading to the M.D. degree.

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